



UNIVERSITY  
OF MIAMI



Please RSVP at

[www.as.miami.edu/UMindfulnessEvents/lecture/](http://www.as.miami.edu/UMindfulnessEvents/lecture/)

FREE EVENT  
Open Seating

Newman Alumni Center  
University of Miami  
6200 San Amaro Drive

# Against the Stream: Applying Contemplative Practices to Addiction and Recovery

## Noah Levine

Noah Levine is a meditation teacher and best-selling author of several books including *Dharma Punx* and *Against the Stream*. Trained by Jack Kornfield and son of meditation teacher Stephen Levine, Noah has been a pioneer in offering contemplative practices for those in recovery.



He is the founding teacher of Against the Stream Buddhist Meditation Society and founder of Refuge Recovery, a mindfulness-based addiction recovery community based in Buddhist philosophy. Join us for his lecture, conversation, and book signing.

This lecture is part of the Mindfulness Lecture Series of the UMindfulness Research & Practice Initiative ([mindfulness.miami.edu](http://mindfulness.miami.edu)). The Initiative is an interdisciplinary collaboration across the University of Miami to engage novel implementation and cutting-edge brain research on contemplative training. The UMindfulness Initiative is co-directed by Dr. Amishi Jha and Scott Rogers.